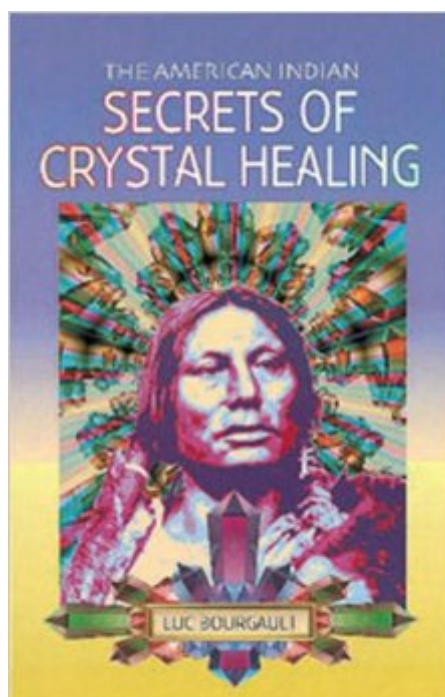


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# The American Indian: Secrets Of Crystal Healing



## Synopsis

The Native Americans are particularly concerned with the misuse of crystals, and the potential harm that can do. In this fascinating book, they reveal the age-old secrets - many handed down by word of mouth through generations - of the Native American tribes. The book includes: purification and care of crystals; stones and their properties; working practices; practical exercises; the laws of healing; colours and their properties; how to prepare the essences; and, the therapeutic touch and exercises.

## Book Information

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Average Customer Review: 4.4 out of 5 stars [See all reviews](#) (154 customer reviews)

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## Customer Reviews

If you want pictures and properties of crystals, look for Judy Hall and Melody, but if you want SAFE instructions on how to use crystals for healing purposes, search no longer. I have read a few books on crystal healing, but I was very sceptical about putting crystals on my chakras, especially after Edgar Cayce (the Sleeping Prophet) warned people against this saying that it's dangerous. This book is THE book to get for safe instructions. Crystals are nothing to mess with if you're not sure what you're doing.

Written from the perspective of Mother Earth, this book covers the basics of crystals and their use and care. At times, against traditional teaching, but I feel this is a truer path than the others I have read and used.

In this book you not only find out how to cleanse, program and use crystals, the author has an excellent point of view. Even if you don't use the gemstones for healing his philosophy is something we can all live by. A most "enlightening" read.

This book is page turner. Every chapter reveals precious little secrets bestowed with a feeling of a divine presence. I felt I was being led on a journey of enlightenment. Truly a religious experience. Just loved it. Last night I experimented with one of Luc Bourgault's "Practical Exercises" namely - sleeping with a crystal, and held a clear quartz in my hand when I went to bed. "Many minor ailments ... will be cured simply through the crystal's perfection tuning into yours and amplifying your natural state of good health." I awoke feeling top-notch, invigorated and completely in tune with the universe plus my digestive system made a complete turn-around. Regarding The Therapeutic Touch chapter, I do feel that Reiki is a more comprehensive approach. And with Reiki, since you don't use your own energy, the "fatigue" factor or draining of your own energy is eliminated.

The author clearly states the importance of self clarity in one's work with crystals. He guides and encourages the reader in personal and mystical paths. Luc Bourgault shares his knowledge and love of all living elements, programming the book as carefully as he guides readers in the programming of crystal work. Well done.

If you buy 10 books on crystals you'll come up with 10 different things each stone is supposed to do. So I got to thinking, I need to go back to an original source like ancient egypt, african, native american, mayan, etc. This book was more to my liking. Most of the other books advise sea salt for cleansing, this book does not advise it and says why. I was waiting to get some stones to do my natal chart crystal healing and I saw in this book why that was not advisable. It also gave me a clue about "birthstones". Very authentic and I highly recommend. Tried to get it from 4 local city libraries before purchasing but none of them had it yet they had all the more popular books. That really made me want this. Highly recommend.

I am a therapist that employs 13 therapists to provide counseling. I bought this book because I read the previous reviews that stated the book was deeply spiritual, and I was not disappointed. The book explains the importance of clearing and cleansing your own spirit if you hope to assist others in the clearing or cleansing of theirs, which is a point that many people in our day and age somehow overlook, including therapists. As stated in the other reviews, if you are looking for pictures of layout

grids, this book does not cover those areas. If you are looking for a deeper spiritual connection with the energy of stones...the book has great insight. I give it five stars.

This book was wonderfully written, in a simple and easy to understand style. It covered the basic steps necessary to embarking on any and all spiritual healing paths, which most other 'how to' books seem to miss entirely. For those of you just starting, please buy this book! You will learn simple procedures for setting up a safe & sacred space in which to focus your own energies. Don't expect pictures or glossy shots of stones - but do look forward to great information! Silvia - [...] [...]

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